

Do you have sore feet?

The Foot and Leg Clinic should be your first stop to relieve your pain!

At the Foot and Leg Clinic we offer full body biomechanical assessments to analyse how the body moves when we walk and stand. It is the close analysis of how the different joints of the body are positioned, how the different muscles of the body are working, and how one misaligned joint in the body affects the position and function of another joint of the body.

Our Foot Mobilisation Technique identifies stiff joints in the foot and manipulates them to improve foot function and reduce pain. Foot Mobilisation Technique reduces tissue stress and allows the body to help repair itself without the need for insoles.

We are offering a 10% discount on our assessments to all Police Scotland employees.

The Foot and Leg Clinic is located in Hyndland Physiotherapy Clinic, 170 Hyndland Road Glasgow, G12 9HZ.

Call us today on 0141 443 7402

www.thefootandlegclinic.co.uk

